



International College
Of Martial Arts &
Natural Therapies

ELITE WARRIOR SPECIAL TRAINING

Learn to be mentally and physically sharper. This specialized training will help you for your grades, tournaments & demonstration. This is a great way to sharpen your skills, and build confidence. Through this training you will develop a very different skill set and learn to push through many barriers. We encourage all students to attend Elite Warrior Training. No experience necessary, open to all age and grade levels.

Training Dates:

Monday 19 th February 2018	6.00pm – 7.00pm
Friday 23 rd February 2018	6.00pm – 7.00pm
Monday 26 th February 2018	6.00pm – 7.00pm
Friday 2 nd March 2018	6.00pm – 7.00pm
Monday 5 th March 2018	6.00pm – 7.00pm
Friday 16 th March 2018	6.00pm – 7.00pm

CONDITIONS OF SELECTIONS:-

1. Students are to attend all official training sessions to be considered for selection but it does not guarantee selection for demonstrations or tournaments. **It is Soke's decision who will represent the Club and not the students or parents.**
2. Students must attend all regular training as usual, Elite warrior demonstration & tournament training is an extra not a replacement.
3. Students to be 100% committed, also to have parents/partner 100% commitment.
4. Student to have club Gi and all proper guards – Mouth, Groin, Hand, Shin/Foot, Chest guard for girls.
5. Students selected for Demonstrations or Tournaments must have all proper uniforms including – **Gi, T/shirt/Track suit.**
6. Students to attend **all** official training sessions organized by Soke.
7. Each training session will cost \$30 for Juniors/Intermediates and \$35 for Seniors
OR if paid upfront at the discounted price of:
Juniors/Intermediates - \$22 each class: Total \$132
Seniors - \$25 each class: Total \$150

BOOK YOUR PLACE NOW

Please contact us if you have any further queries on 9336 7222